

UniversitätsKlinikum Heidelberg

# Heidelberg First Clinical Experience with Profound Medical Inc.'s MRI-Guided TULSA-PRO

Ionel Valentin Popeneciu<sup>1</sup>, Timur Kuru<sup>1</sup>, Gencay Hatiboglu<sup>1</sup>, Matthias Röthke<sup>2</sup>, Maya Müller-Wolf<sup>2</sup>, Joseph Chin<sup>3</sup>, Michele Billia<sup>3</sup>, James Relle<sup>4</sup>, Jason Hafron<sup>4</sup>, Mathieu Burtnyk<sup>5</sup>, Heinz-Peter Schlemmer<sup>2</sup>, Markus Hohenfellner<sup>1</sup>, Sascha Pahernik<sup>1</sup>

1. Department of Urology, University Hospital, Heidelberg, Germany

- 2. Department of Radiology, German Cancer Research Center (DKFZ), Heidelberg, Germany
- 3. Department of Urology, Western University (UWO), London Health Sciences Center, London Victoria Hospital, London ON, Canada
- 4. Department of Urology, Beaumont Health System, Royal Oak MI, United States
- 5. Profound Medical Inc., Toronto ON, Canada

## **MRI-GUIDED TULSA-PRO**



Novel minimal-invasive treatment of localised prostate cancer

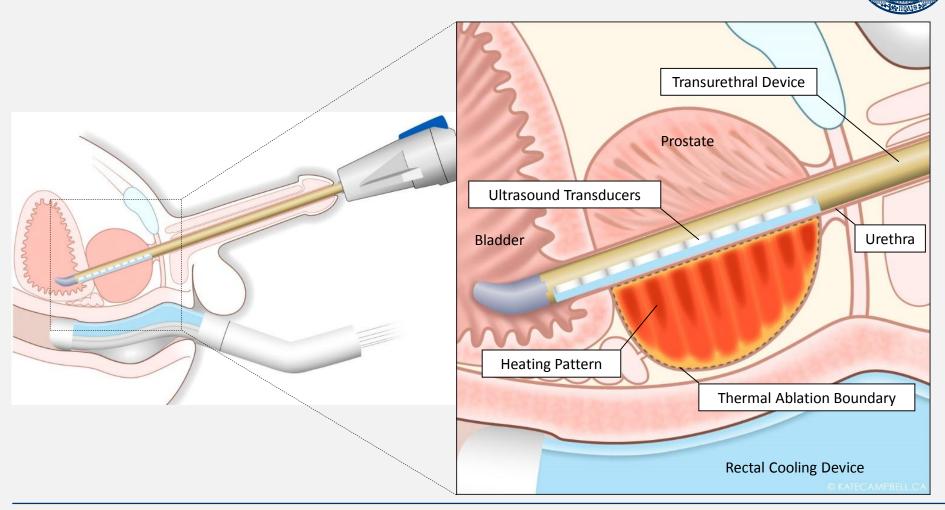
Main objectives:

Improve ultrasound prostate ablation (e.g. HIFU) by

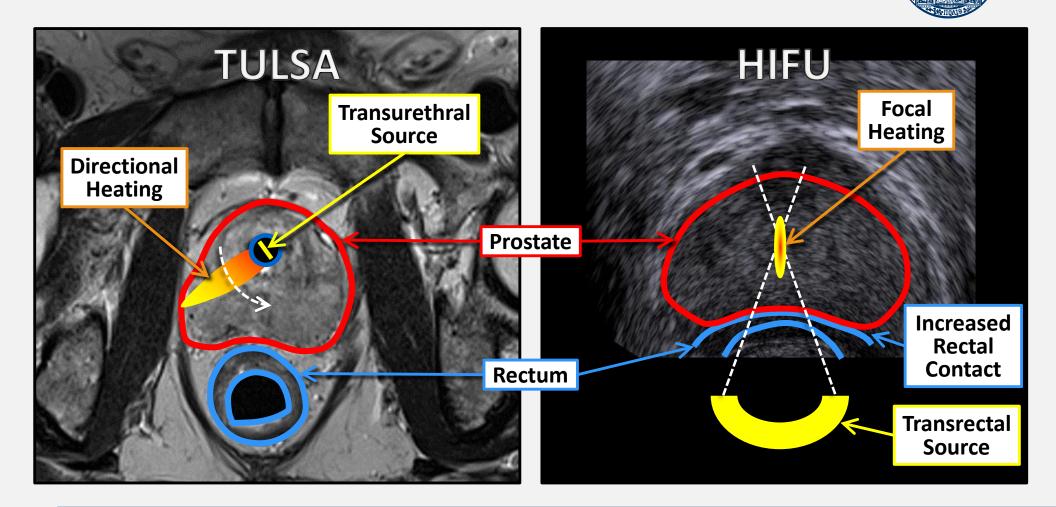
- Better treatment control
- MRI Thermometry = Dose
- Dose control = Focal
- Better safety profile (fewer side effects)

<u>Ultimately</u>: *better* cancer control with *better* safety and preservation of quality of life

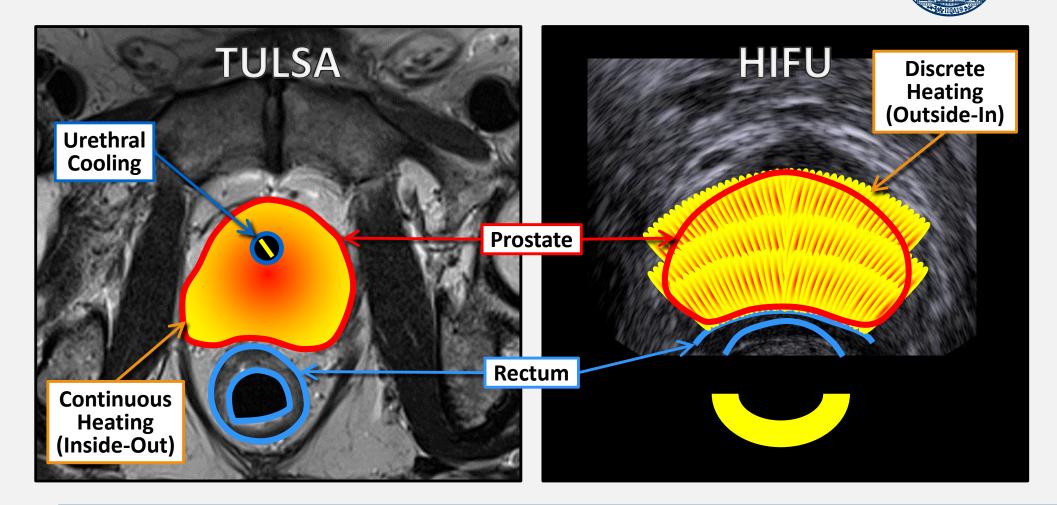
### **TULSA-PRO DEVICE**



### **TULSA-PRO DIFFERENCE: ANATOMY**



### **TULSA-PRO DIFFERENCE: TREATMENT**



### **TULSA-PRO DIFFERENCE: IMAGING**

# MRI-Guided

TULSA

Soft tissue contrast Quantitative thermometry Temperature feedback control Diagnostic

Limited accessibility

# HIFU

**Ultrasound-Guided** 

Widely accessible Temporal resolution

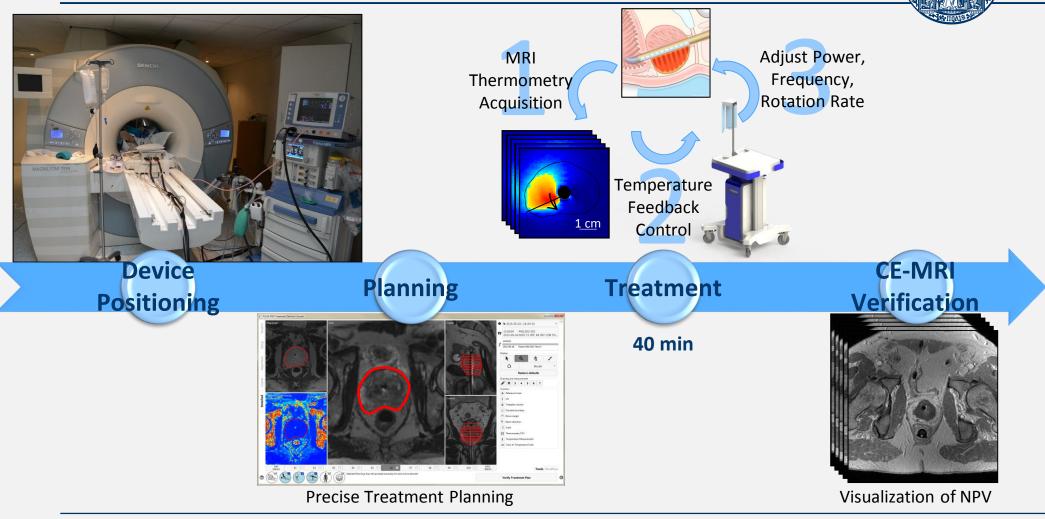


Soft tissue contrast

Diagnostic

Qualitative feedback

### **MRI-GUIDANCE**



## PHASE I STUDY DESIGN



• Prospective, multi-center, single-arm

### **Inclusion Criteria**

- Age  $\geq$  65 years
- Low-/intermediate-risk prostate cancer
  - Biopsy confirmed organ-confined prostate cancer: cT1c or T2a, N0, M0
  - PSA ≤ 10 ng/ml
  - Gleason score 3+3 (Germany/USA), ≤ 3+4 (Canada)
- No prior prostate cancer treatment

### Endpoints

- **Primary:** Safety (adverse events) and Feasibility (precise heating), 1-year follow-up
- **Exploratory:** Efficacy (PSA and Biopsy) and QoL (patient questionnaire), 5-year follow-up

## **PATIENT RECRUITMENT**

### **Recruitment: Entire Study**

- 30 patients enrolled: March 2013 March 2014
- Clinical trial sites in 3 jurisdictions, all under same protocol
  - Urology / DKFZ (Heidelberg, Germany): 14 patients
  - Western University (London ON, Canada): 12 patients
  - William Beaumont Hospital (Royal Oak MI, United States): 4 patients

### **Screening: Heidelberg – 82 Patients**

- N = 47 Active Surveillance (57.3%)
- N = 14 TULSA-PRO (17.1%)
- N = 11 Radical DaVinci Px (13.4%)
- N = 6 Radiotherapy (7.3%)
- N = 4 "Wait and see" (4.9%)

### **PATIENT PREPARATION**



- General Anesthesia
- GI anti-spasmodic drug
  - Eliminate peristaltic motion of the colon which can cause artifacts on MRI thermometry

#### • Supra-Pubic Catheter (SPC)

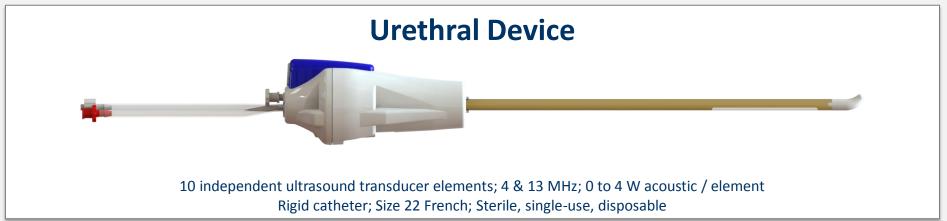
- Drains bladder prior and during treatment
- Eliminate filling of bladder after treatment planning and during treatment
- Removal at 2-week follow-up visit after treatment

#### • Guidewire

Aid insertion of transurethral device

### **TULSA-PRO DEVICES**

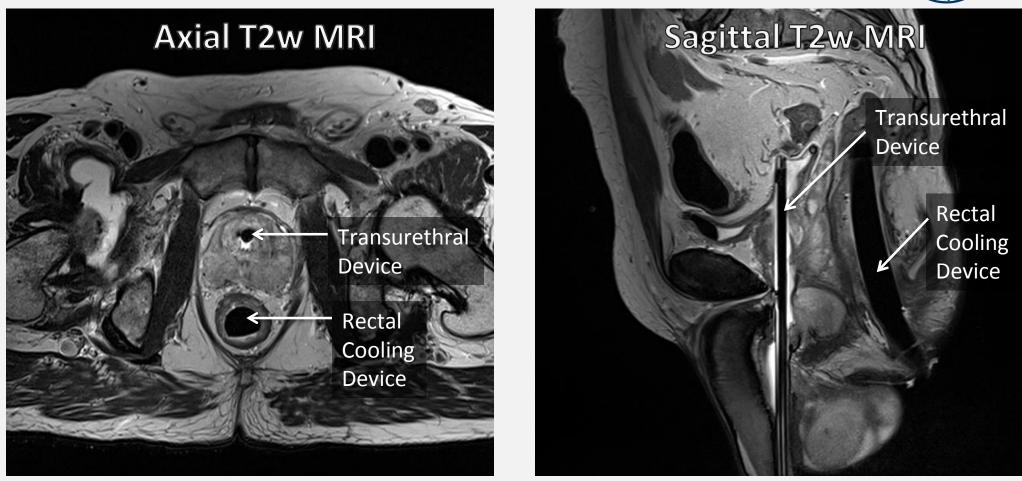




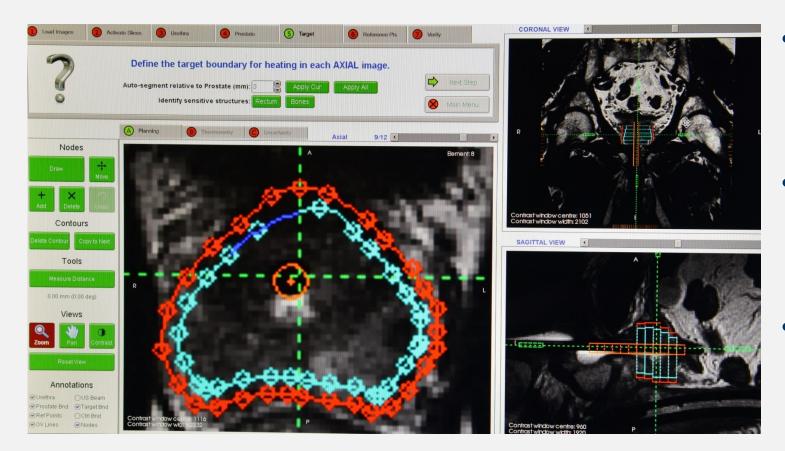


### **MRI-GUIDED DEVICE POSITIONING**





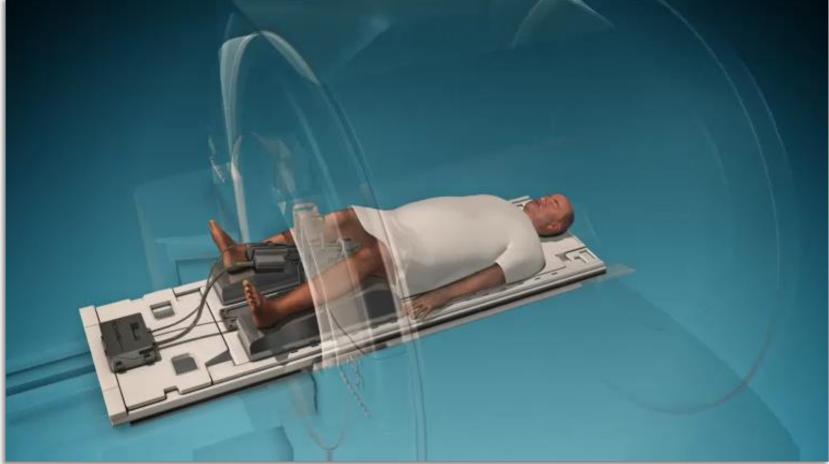
### **PHASE I TREATMENT PLANNING**



- Conservative
  whole-gland
  treatment
  planning
- 3 mm safety
  margins at
  capsule and
  apex
- 10% residual viable tissue expected at periphery

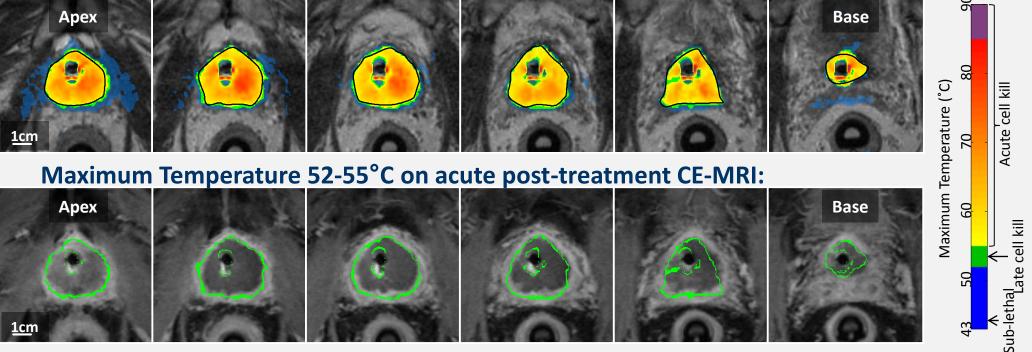
### **MRI-GUIDED TREATMENT**





### **TREATMENT ASSESSMENT**

#### Maximum Temperature > 43°C on T2w planning MRI:



 Pre-clinical trials: "acute cell kill" zone = contrast enhancement zone in the periphery of non-perfused volume (NPV)

### **TEMPERATURE CONTROL**



	PARAMETER	AVERAGE (n=30)	95% Cl (n=30)	RANGE (n=30)
	Prostate Volume (cc)	47 cc	41 – 54	21 – 95
	Treatment Time (min)	36 min	32 – 40	24 - 61
Linear	Targeting Accuracy (mm)	0.1 mm	-0.1 - 0.2	-0.6 - 1.1
	Targeting Precision (mm)	1.3 mm	1.2 – 1.5	0.7 – 2.4
Volume	Over-Targeted Volume (cc)	0.8 cc	0.6 - 1.0	0.1 – 2.6
	Under-Targeted Volume (cc)	1.0 cc	0.6 - 1.4	0.0 - 4.8
	Dice Similarity Coefficient (DSC)	0.94	0.93 - 0.94	0.91 - 0.96

## **SAFETY OVERVIEW**



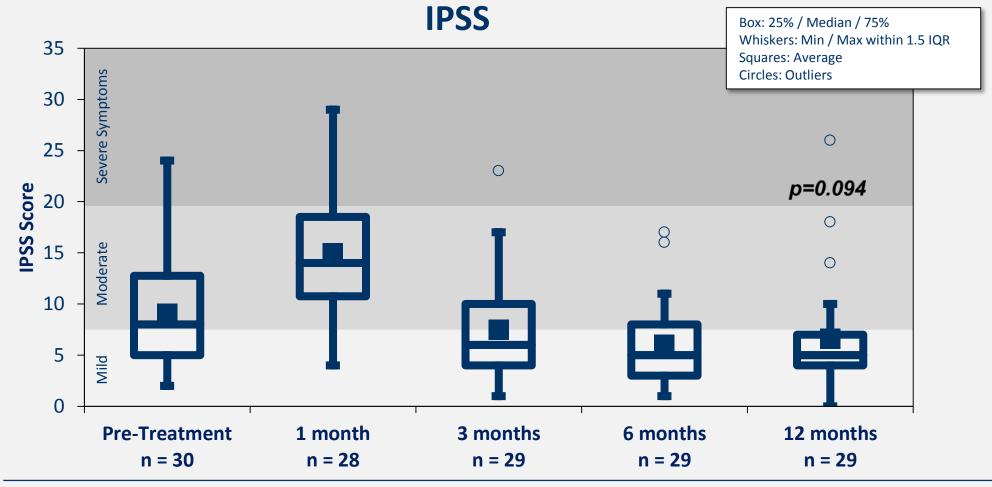
- No intraoperative complications
- No rectal injury or fistula
- No severe urinary incontinence
- No Grade 4 or higher adverse events
- Total of one attributable Grade 3 adverse event (epididymitis resolved with IV antibiotics)
- Majority are *acute* Grade 1 and 2 events related to GU system
- Estimated ED rate of 8% (IIEF item  $2 \ge 2$ )
- Planned overnight in hospital and discharged next day

### **ADVERSE EVENTS\***

- Hematuria Grade 1 (13 patients) and G2 (2 patients), resolved
- Infections:
  - Urinary Tract Infection: G2 (10 patients), resolved with no action (1) or oral antibiotics (9)
  - Epididymitis: G3 (1 patient), resolved with IV-antibiotics
- Urinary retention:
  - G1 (3 patients) resolved spontaneously, repositioning SPC tubing or SPC irrigation
  - G2 (5 patients), resolved with medication (1) or prolonged-/re-catheterization (4)
- Urinary or urge incontinence:
  - G1 (1 patient), resolved with no action
  - G2 (3 patients), resolved with no action (1), resolved with medication (1), and ongoing (1) though downgraded to G1 and not using pads
- All GI-related events:
  - Bloating: G1 (3 patients), resolved with no action (may be due to anti-spasmodic drug)
  - Fecal straining: G1 (1 patient), resolved with no action after 7 days
  - Rectal pain: G1 (1 patient), resolved with no action after 1 day

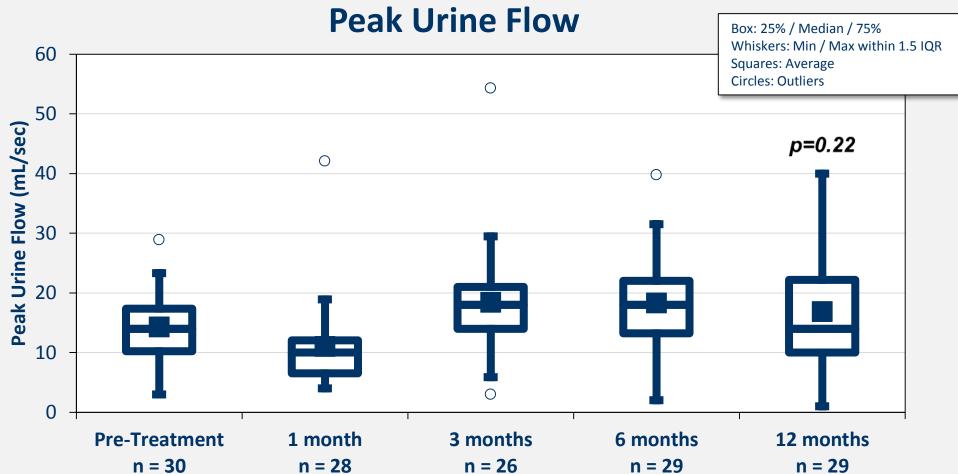
<sup>\*</sup> Related or possibly related adverse events: all G3 events shown, most severe/frequent G2 events shown, and select G1 events shown. Multiple of the same event are recorded once per patient using the highest grade.

### **URINARY SYMPTOMS**



### UROFLOWMETRY

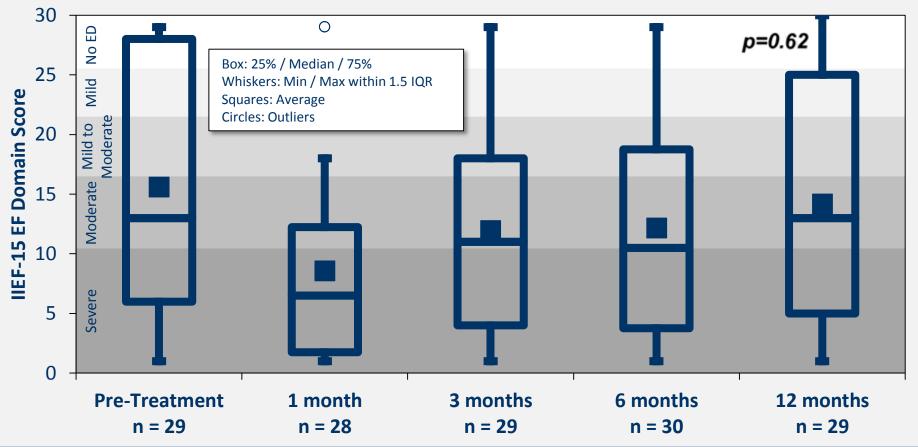




### **ERECTILE FUNCTION**



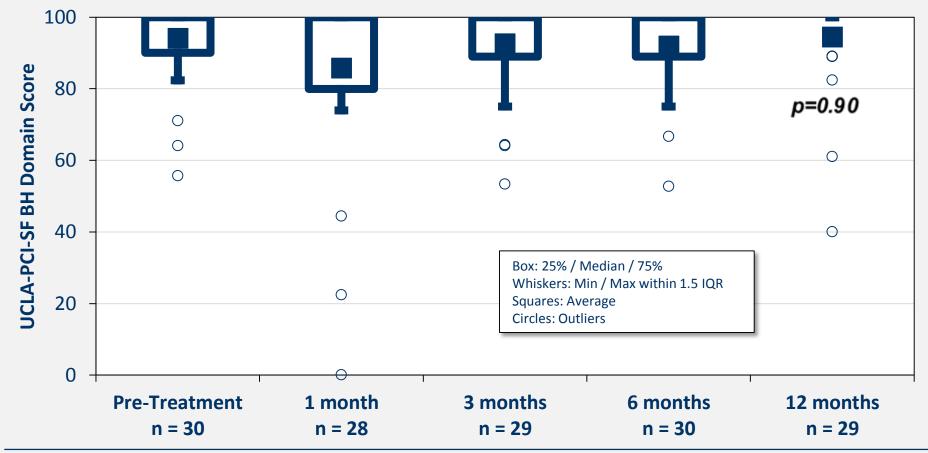
### **IIEF-15 Erectile Function Domain**



### **BOWEL HABITS**

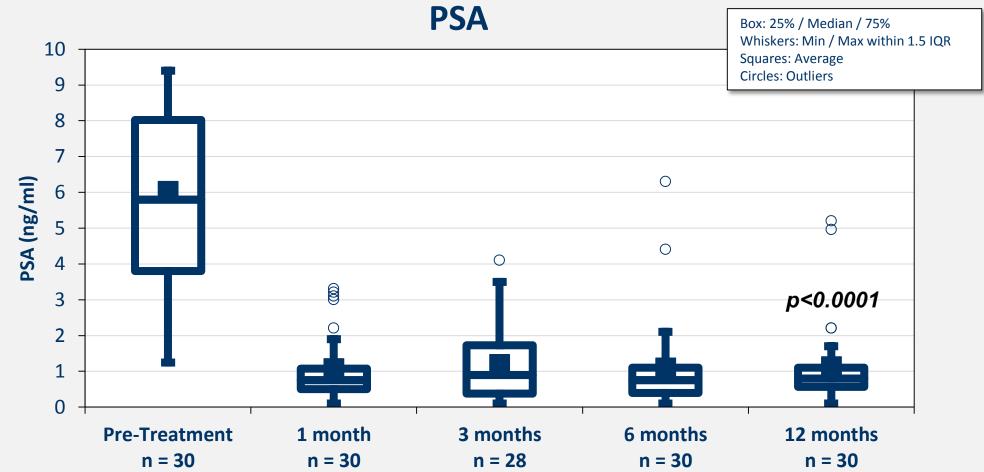


### **UCLA-PCI-SF Bowel Habits Domain**



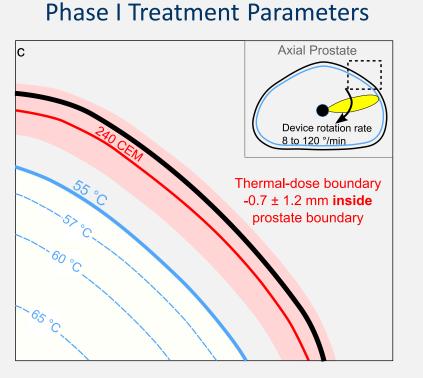
### **ABLATION EFFICACY**





## **BIOPSY RESULTS AT 12 MONTHS**





#### Phase I treatment parameters were conservative

- First-in-human study as primary treatment for prostate cancer
- Lethal thermal dose -0.7  $\pm$  1.2 mm inside prostate
- 10% viable prostate expected at prostate periphery
- MRI & TRUS biopsy show diminutive prostate volumes averaging 51% fibrosis (N=29)
- Positive biopsies demonstrate 61% reduction in total cancer length (reduced cancer burden)
- Positive biopsies Clinically significant disease: 31% patients Any disease: 55% patients

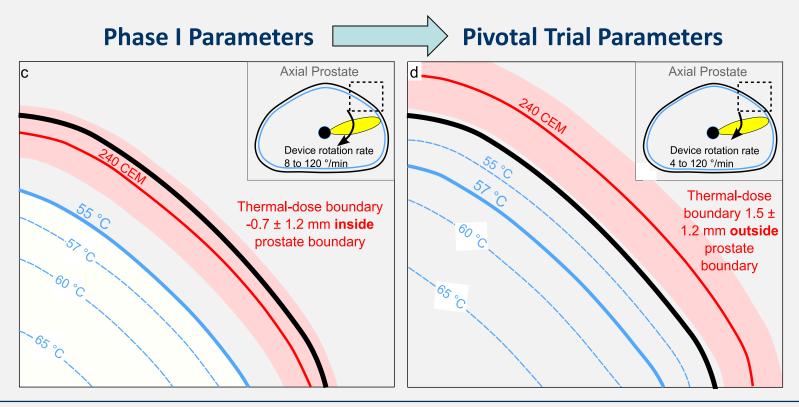
#### • Patient status

- 27 patients in active surveillance, no further treatment to date
- 3 patients opted for active treatment (RPx, histology pending)

## WHAT'S NEXT ?



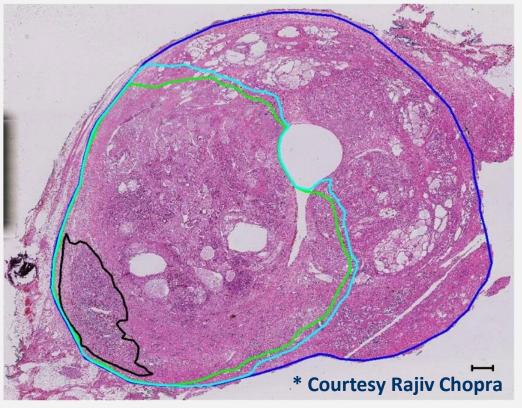
- Pivotal clinical trial being initiated in larger prostate cancer population
- Reduced safety margin for complete whole-gland ablation



## **CLINICAL HISTOLOGY**



#### Acute H&E Histology



Chopra *et al.* "Clinical Evaluation of Transurethral MR-HIFU for the Treatment of Localized Prostate Cancer," ISMRM Annual Meeting 2014 (Milan, Italy)

- Dr. Laurence Klotz, Dr. Masoom Haider & Dr. Rajiv Chopra at Sunnybrook Research Institute (Toronto ON, Canada)
- Second Phase 0 "Treat & Resect" study
- Targeted MRI-visible cancer for ablation, with pivotal trial treatment parameters
- Demonstrated complete cell kill (coagulative necrosis) to prostate boundary on acute H&E histology



## **CONCLUSIONS**

#### **First Experience with TULSA-PRO**

- Clinically Feasible
- Low toxicity & Good safety profile
- Ambulatory procedure
- Suitable to focal treatment
  - <u>No</u> MRI/TRUS fusion errors

#### What's next?

- Phase I follow-up to 5 years
- Pivotal trial to commence in 2016
- Endpoints: ablation efficacy, safety & biopsy
  - Reduced safety margins for complete whole-gland ablation
  - Diagnostic multi-parametric MRI

